

# PRIVACY POLICY

SayEat · Last updated: April 28, 2026

<b>Application</b>	SayEat
<b>Owner / operator</b>	Individual Entrepreneur (FOP) Tarasenko Mykyta Romanovych and Individual Entrepreneur (FOP) Melnykov Vladyslav Volodymyrovych
<b>Privacy contact</b>	support@sayeat.app

This Privacy Policy describes what personal data SayEat collects, how it is used, stored, protected, and what rights the user has.

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## 1. Introduction

This Privacy Policy applies to the SayEat mobile application, related features, services, and user account. By using the Application, you confirm that you have read this Policy.

SayEat helps users keep a food diary, calculate calories and macronutrients, track activity, and use additional features related to nutrition, health, and personal statistics.

## 2. Data Owner and Operator

The data operators are Individual Entrepreneur (FOP) Tarasenko Mykyta Romanovych and Individual Entrepreneur (FOP) Melnykov Vladyslav Volodymyrovych, who are jointly responsible for the processing of personal data within the operation of SayEat.

For questions related to privacy, data processing, or exercising your rights, you may contact us at: support@sayeat.app.

## 3. What Data We Collect

We may collect only the data necessary for the operation of the Application, improving the user experience, ensuring security, and fulfilling legal obligations.

Account data:

- email address;
- account identifier;
- authentication data if you use sign-in through Apple, Google, or another supported method.

Usage data:

- food diary entries;
- data on calories, proteins, fats, and carbohydrates;
- history of added products, meals, and beverages;
- activity, step, and workout data if connected;
- interactions with the Application interface;
- user settings, goals, and preferences.

Device and technical data:

- device type;
- operating system and application version;
- anonymized analytics data;
- data about crashes, errors, and Application performance.

## 4. Health and Activity Data

When Apple Health / HealthKit or other supported integrations are connected, SayEat may receive health and activity data only after your explicit permission.

Depending on the permissions selected, we may receive:

- number of steps;
- activity and workout data;
- body weight, if you have provided such permission;
- water intake data, if the feature is enabled;
- other data that you have separately allowed to be transferred to SayEat.

SayEat receives only those categories of data for which you have given permission. You can change or revoke permissions in the device settings, Apple Health, or inside the Application if such functionality is available.

Health and activity data is used only for nutrition, activity, statistics, and personalization features inside SayEat. We do not sell health data, use it for advertising, or transfer it to third parties for marketing, resale, or creation of advertising profiles.

## 5. Voice and AI Features

SayEat may offer voice input, AI assistance, and other automatic food, text, or user request recognition features.

When using such features:

- audio data may be processed to convert speech into text;
- text, voice input, or food descriptions may be processed by third-party speech recognition services or AI providers;
- data is used only to perform the requested function and improve the quality of the Application;
- voice recordings and nutrition data are not used for advertising or creation of advertising profiles.

We strive to transfer to third-party providers only the amount of data necessary to perform the specific function.

## 6. How We Use Data

We use data for the following purposes:

- creating and maintaining the user account;
- providing the core functions of the Application;
- keeping a food diary and calculating calories, macronutrients, and other statistics;
- displaying progress, activity, and personal goals;
- personalizing the user experience;
- processing subscriptions and access to paid features;
- ensuring security, preventing abuse, and resolving technical errors;
- analyzing and improving the quality of the Application;
- complying with applicable legal requirements.

## 7. Legal Bases for Processing

Depending on your jurisdiction, we may process personal data on the following bases:

- your consent, for example when connecting Apple Health, voice, or AI features;
- the necessity of processing to provide Application functions and perform the user agreement;
- our legitimate interest in improving, securing, and maintaining the stability of the Application;
- fulfilling legal obligations, if such obligations apply.

If processing is based on consent, you may withdraw it at any time. Withdrawal of consent does not affect the lawfulness of processing carried out before the withdrawal.

## 8. Subscriptions and Payments

Payments and subscriptions may be processed through Apple App Store, Google Play, or other supported payment platforms.

SayEat does not collect or store full bank card details. Payment data is processed by the relevant payment platform according to its terms and privacy policy.

We may receive technical information about subscription status, plan type, access validity period, and payment confirmation in order to provide paid features to the user.

## 9. Sharing Data with Third Parties

We do not sell users' personal data.

Data may be transferred to a limited group of service providers only to the extent necessary for the operation of the Application, for example:

- cloud infrastructure and data storage;
- analytics and error diagnostics;
- authentication services;
- subscription processing services;
- Apple / Google payment platforms;
- speech recognition and AI processing services;
- Apple Health / HealthKit integrations and other connected services.

Service providers are required to process data only in accordance with our instructions, applicable law, and reasonable security requirements.

The specific list of service providers used may include: Firebase / Supabase / Google Analytics / RevenueCat / OpenAI / Google Gemini / Apple Health.

## 10. International Data Transfers

Your data may be processed and stored in countries other than your country of residence. This may occur if we use international cloud, analytics, payment, AI, or infrastructure providers.

If applicable law requires special safeguards for international data transfers, we strive to use appropriate legal and organizational protection measures.

## 11. Data Storage and Protection

We take reasonable technical and organizational measures to protect personal data against unauthorized access, alteration, disclosure, loss, or destruction.

Such measures may include access restrictions, use of secure infrastructure, access rights control, and monitoring of the technical stability of the Application.

Nevertheless, no method of data transmission over the internet or electronic storage can guarantee absolute security.

## 12. Data Retention and Account Deletion

We store personal data for as long as your account is active or as long as necessary to provide Application functions, fulfill legal obligations, resolve disputes, and ensure security.

You may request deletion of your account and related personal data through the Application, if such functionality is available, or by sending a request to [support@sayeat.app](mailto:support@sayeat.app).

After account deletion, we will delete or anonymize data within a reasonable period, except where further storage is required by law, financial rules, security, or protection of legitimate interests.

## 13. User Rights

Depending on your jurisdiction, you may have the following rights regarding personal data:

- access your data;
- receive a copy of your data in a portable format;
- correct inaccurate or incomplete data;
- delete data or your account;
- restrict data processing;
- object to certain types of processing;
- withdraw consent if processing is based on consent;
- file a complaint with an authorized data protection authority, if such right applies.

To exercise your rights, send a request to: [support@sayeat.app](mailto:support@sayeat.app). We may ask you to confirm your identity to protect the account and data from unauthorized access.

## 14. Children

SayEat is not intended for use by persons under 16 years of age or below the minimum age established by the laws of your jurisdiction.

We do not knowingly collect children's personal data. If we become aware that such data has been collected without the required consent, we will take reasonable steps to delete it.

## 15. Medical Disclaimer

SayEat is not a medical device and does not provide medical advice, diagnosis, or treatment.

Information about nutrition, calories, activity, weight, water, and other statistics is provided for informational purposes only. Before making medical decisions, changing your diet, workouts, or treatment regimen, it is recommended to consult a qualified professional.

## 16. Changes to this Policy

We may periodically update this Privacy Policy. In the event of material changes, we may notify users through the Application, email, or another available method.

The current version of the Policy will be available in the Application or on the related website, if such website is used.

## 17. Contacts

For questions related to privacy, personal data processing, or account deletion, contact us:

Email: [support@sayeat.app](mailto:support@sayeat.app)

Operator: Individual Entrepreneur (FOP) Tarasenko Mykyta Romanovych and Individual Entrepreneur (FOP) Melnykov Vladyslav Volodymyrovych